



11th TERRITORIAL SKILLS COMPETITION

34 –COOKING Common Table List*

*Subject to change at any point

Muskox roast	Rosemary
Char filets	Thyme
	Tarragon
Fennel	Mint
Onions	Oregano
Carrots	Sage
Celery	Parsley
Potatoes	Cilantro
Parsnips	
Turnips	Whole Milk
Mushrooms	Eggs
Beets	35% Cream
Garlic	Sour Cream
	Butter
Lemons	Lard
Limes	
Oranges	All Purpose Flour
	White Sugar
Canola Oil	Brown Sugar
Olive Oil	Icing Sugar
White Vinegar	Corn Starch
White Wine Vinegar	Baking Powder
Rice Vinegar	Vanilla Extract
Balsamic Vinegar	
Apple Cider Vinegar	Beef Stock
Salt and Pepper	
Spices as available in the kitchen	